



HIGHLIGHTS OF UPCOMING EVENTS - 2010

Sponsored by the Friendship Heights Village Council



Art Exhibit: Photography—Exhibit runs from Oct. 4 to 30

Art Reception: Sun. Oct. 10, from 11:30 a.m. to 1:30 p.m.

Café Muse presents poets Luis Alberto Ambroggio and Idra Novey
Classical Guitar by Michael Davis—**Mon. Oct. 4, at 7 p.m.**

Dr. Itzhak Brook will discuss his book, *My Voice - A Physician's Personal Experience With Throat Cancer*—**Thurs. Oct. 7, at 7 p.m.**

Mediterranean Cooking Demo with Chef Nikki Haddad—**Fri. Oct. 8, 2 p.m.**

Columbus Day Observed—Center open 9 a.m. to 2 p.m.—**Mon. Oct. 11**
Shuttle bus will run on weekend schedule

Village Council Meeting—**Mon. Oct. 12, at 8 p.m.**

Suburban Health Talk: Your Arch Enemy with Dr. Mark Levy—**Wed. Oct. 13, at 1 p.m.**

Flu Shots by The Medstar Health Visiting Nurses for anyone 9 yrs. old and older
Thurs. Oct. 14, from 3 to 7 p.m. and Fri. Oct. 15, from 10 a.m. to 2 p.m.

Norah O'Donnell and Chef Geoff will discuss their cookbook, *Baby Love: Healthy, Easy, Delicious Meals for Baby and Toddler*—**Mon. Oct. 18, at 7:30 p.m.**

Vision Support Group Lunch and Learn: Benefits of Mutual Support
with Dr. Elly Waters—**Tues. Oct. 19, at 12:30 p.m.**

Tea and Talk: Jay Mallin on Cuban Trade Embargo—**Wed. Oct. 20, at 2 p.m.**

Chris Kimball will discuss his new cookbook, *Fannie's Last Supper*—**Thurs. Oct. 21, 7 p.m.**

Collage Workshop with Millie Shott, Village Art Director—**Fri. Oct. 22, from 12 to 4 p.m.**

MVA Bus Office located on Friendship Blvd.—**Thurs. Oct. 25, from 5 to 7 p.m.**

Shred-It Truck on Friendship Blvd. next to the Center—**Thurs. Oct. 28, from 5 to 7 p.m.**

Tea and Talk: Lisa Shames on Food Safety Issues—**Fri. Oct. 29, at 2 p.m.**

Children's Halloween Bingo with prizes and refreshments—**Fri. Oct. 29, from 7 to 8:30 p.m.**

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General Election at the Village Center—**Tues. Nov. 2, Polls Open 7 a.m. to 8 p.m.**

Improving Your Memory with Jane Priest—**Fri. Nov. 5, from 1 to 2 p.m.**

Special Preview Party and Early Sales for "Holiday Affair"—**Fri. Nov. 5, from 7 to 9 p.m.**
Admission \$3 for Preview Party

"Holiday Affair" (great gift ideas for the holidays)—**Sat. Nov. 6, from 10:30 a.m. to 3 p.m.**
Admission FREE